



## Postoperative evaluation of analgesia promoted by the use of dexmedetomidine alone and associated with morphine as an intramuscular pre-anesthetic medication in bitches submitted for ovariohysterectomy

Avaliação pós-operatória da analgesia promovida pelo uso da dexmedetomidina isolada e associada à morfina em cadelas submetidas à ovariohisterectomia

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### Abstract

This study aimed to evaluate the postoperative analgesic efficacy of dexmedetomidine alone and when associated with morphine in patients under general inhalational anesthesia with isoflurane and undergoing elective ovariohysterectomy (OH). Twenty healthy bitches were selected via physical and laboratory examinations. Prior to the study, they underwent a 24-h period of adaptation to the environment and observers. They were then randomly divided into two groups: the dexmedetomidine group receiving a dose of 10 µg/kg, and dexmedetomidine group (10 µg/kg) associated with morphine receiving a dose of 0.3 mg/kg, administered via the intramuscular route. Thereafter, patients were induced with propofol and maintained with isoflurane diluted in 100% oxygen administered through a calibrated vaporizer. To verify postoperative analgesia, pain assessments were performed using the modified Glasgow (EGM) and Melbourne (EM) scales. For sedation assessment, the Dobbins scale was used at different times: before the administration of pre-anesthetic medication (T0) and at another six times in the postoperative period, 1 (T1), 2 (T2), 4 (T3), 8 (T4), 12 (T5), and 24 (T6) h after orotracheal extubation. No statistical differences were observed between groups in the scales according to Dunn's Kruskal-Wallis post hoc test, and between the times a statistical difference was noticed by the Friedman test ( $p < 0.05$ ) for the EGM and EM scale scores, but there was no need for analgesic rescue. Therefore, we found that isolated dexmedetomidine and morphine produced adequate analgesic effects in the postoperative period of bitches submitted for OH.

**Keywords:** dogs;  $\alpha$ -2-agonist; opioids; pain.

### Resumo

Objetivou-se avaliar a eficácia analgésica pós-operatória da dexmedetomidina isolada e associada à morfina em pacientes submetidas à anestesia geral inalatória com isoflurano e submetidas à ovariectomia eletiva (OH). Vinte cadelas saudáveis foram selecionadas a partir de exames físico e laboratoriais. Previamente ao estudo, foram submetidas a um período de 24 horas de adaptação ao ambiente e aos observadores. Ato contínuo, foram divididas aleatoriamente em dois grupos: grupo dexmedetomidina, na dose de 10 µg/Kg (GD) e grupo dexmedetomidina (10 µg/Kg) associado com morfina, na dose de 0,3 mg/Kg (GDM), administrados pela via intramuscular (IM). Ato contínuo, as pacientes foram induzidas com propofol e mantidas com isoflurano diluído em oxigênio 100% e administrado através de vaporizador calibrado. Para verificação da analgesia pós-operatória foram realizadas avaliações de dor por meio de escalas de Glasgow Modificada (EGM) e de Melbourne (EM). Para avaliação de sedação, por meio da escala de Dobbins (ED), em diferentes tempos: antes da administração da MPA (T0), e em mais 6 tempos no período pós-operatório, uma (T1), duas (T2), quatro (T3), oito (T4), 12 (T5) e 24 (T6) horas após a extubação orotraqueal. Não foram observadas diferenças estatísticas entre os grupos nas escalas de acordo com o teste de Kruskal-Wallis *post-hoc* de Dunn; e entre os tempos notou-se diferença estatística pelo teste de Friedman ( $p < 0,05$ ) para EGM e EM, porém não houve necessidade de resgate analgésico. Portanto, conclui-se que a dexmedetomidina isolada e associada a morfina produziu efeito analgésico adequado no período pós-operatório de cadelas submetidas a OH.

**Palavras-Chave:** cães;  $\alpha$ -2-agonista; opioides; dor.

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## Introduction

Ovariectomy (OH) is one of the most frequently performed surgeries in veterinary medicine, with a mild to moderate degree of pain, requiring the use of analgesics as part of the therapeutic protocol<sup>(1,2)</sup>. For this, it is interesting to combine different drugs, for example,  $\alpha$ -2-agonists and opioids, for a multimodal approach and effective analgesia<sup>(3,4)</sup>.

Dexmedetomidine is an  $\alpha$ -2 adrenergic receptor agonist drug that acts on the spinal and supraspinal structures, acting on the brainstem and dorsal horn receptors of the spinal cord<sup>(5)</sup>. It produces sedation, muscle relaxation, and analgesia; reduces heart rate and cardiac output; increases systemic vascular resistance; and can cause sinus arrhythmias and atrioventricular blocks<sup>(6)</sup>. Furthermore, compared with the representatives of the same class, it has minor side effects. It is noteworthy that its use in veterinary medicine has been explored exponentially<sup>(3,4,7,8,9)</sup>. Its association with

opioids is common and helps to reduce the undesirable effects of  $\alpha$ -2 adrenergic agents, in addition to enhancing the analgesic and sedative effects<sup>(10)</sup>. Due to adverse effects related to the cardiovascular system, its use is restricted to healthy patients<sup>(5)</sup>.

In addition to being potent analgesics, opioids have sedative and hypnotic properties. They are used to control acute and chronic pain, either with or without other drugs<sup>(6)</sup>. Morphine is the reference drug for opioids, produces adequate analgesia due to its high affinity for the  $\mu$  receptor, reduces the release of excitatory neurotransmitters, and hyperpolarizes the neuronal membrane, resulting in a reduction in pain from the nociceptive stimulus<sup>(6,11)</sup>, in addition to being effective in the treatment of moderate to severe perioperative and postoperative pain in small animals<sup>(11,12)</sup>.

The control and evaluation of postoperative pain are constant concerns. The assessment is subjective and individual and is a challenge for the veterinarian<sup>(13,14)</sup>. The presence of multiple evaluators and use of different scales are necessary to assess the patient's behavior and physiological parameters to ensure objective and satisfactory results<sup>(5,15)</sup>.

This study aimed to evaluate the analgesic effects of the use of dexmedetomidine alone or associated with morphine administered as a pre-anesthetic medication (MPA) of bitches undergoing elective OH in the postoperative period.

## Material and methods

### *Patients*

This study was approved by the Ethics Committee on the Use of Animals of the Universidade Federal do Mato Grosso (UFMT) under protocol number 23108.924849/2018-13 and consent of the tutors through an authorization term.

Twenty adult bitches from the routine of the Veterinary Hospital of UFMT, *Campus Cuiabá*, were selected to undergo elective OH. They were aged between 1 and 6 years, weighing between 5 and 15 kg, and were classified as class I, according to the American Society of Anesthesiology (ASA), after clinical and laboratory evaluation (complete blood count and serum biochemistry).

### *Experimental Design*

Prior to the study, the bitches were submitted to a 24-h period of adaptation to the environment and observers, placed in individual cages, and submitted to solid and water fasting for 12 and 4 h, respectively. They were randomly divided into two groups to receive treatments consisting of 10  $\mu$ g/kg of dexmedetomidine alone (GD; Dexdomitor®) or associated with 0.3 mg/kg of morphine (GDM; Dimorf®) administered intramuscularly (IM) as MPA.

After 35 min of MPA, trichotomy of the abdominal region and forearm was performed. Afterward, the cephalic vein was catheterized, and fluid therapy was administered with Ringer's lactate solution (10 mL/kg/h) and cephalothin (25 mg/kg; Generic Hipolabor Farmacêutica®), intravenously as antibiotic prophylaxis.

Anesthesia was induced with propofol (Propovan®) until there was no resistance to

orotracheal intubation, which was performed with an appropriate probe for the size of the animal, followed by anesthetic maintenance with isoflurane (1 mL/mL, Isoforine®) administered through a calibrated vaporizer, with a diluting flow of 100% oxygen and an anesthetic system appropriate for the weight of each animal. They were maintained on a surgical anesthetic plan as proposed by Guedel, with no eyelid reflex, rostromedially rotated eyeball, and absent involuntary movements, in addition to cardiovascular parameters within the physiological values for the species.

At the end of the anesthetic procedure, when presenting a swallowing reflex, the bitches were extubated and placed in kennels and kept under observation until complete anesthetic recovery. The surgical procedures lasted 45 min and were always performed by the same surgical team to avoid interference with the study results. None of the patients required analgesic rescue during the surgical procedure; therefore, there was no interference in the postoperative evaluations.

### *Postoperative Evaluation*

The verification of postoperative analgesia was similar to that described in the literature<sup>(16)</sup>; pain assessments were performed using the modified Glasgow (EGM)<sup>(11)</sup> and Melbourne (EM) scales, and sedation assessments were performed using the Dobbins (ED) scale<sup>(17)</sup> with the aim of evaluating the interference of sedation on pain assessment. The evaluations were performed by two evaluators who were blinded to the drugs used in MPA.

The evaluations were carried out at the following times: before the administration of MPA (T0) and six more times in the postoperative period after extubation (1 [T1], 2 [T2], 4 [T3], 8 [T4], 12 [T5], and 24 [T6] h). If any patient received a score equal to or greater than 3.3 on the EGM, they would receive analgesic rescue with morphine at a dose of 0.5 mg/kg, IM, and were excluded from further evaluations. At the end of the evaluations, all bitches received meloxicam (0.2 mg/kg; Maxicam®) subcutaneously.

### *Statistical Analysis*

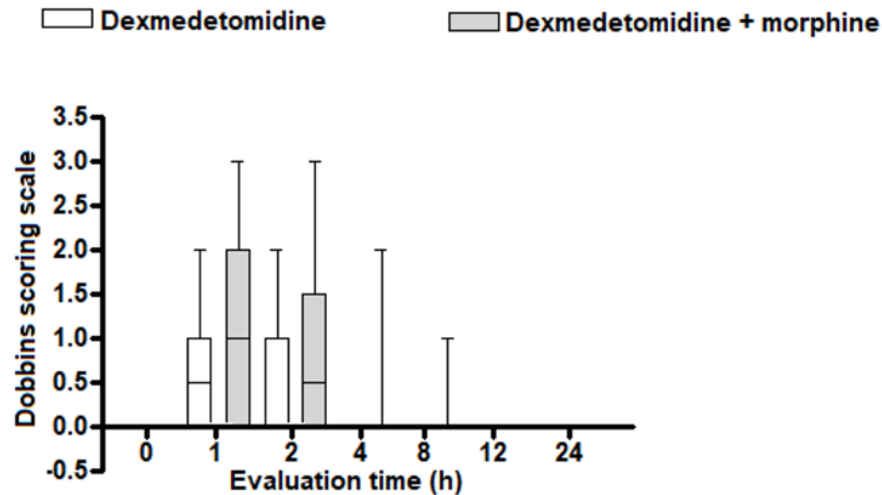
Statistical analysis was performed using GraphPad Prism software, version 7.04, for Windows (GraphPad Software, Inc., La Jolla, California, USA). Data were tested for normality using the Kolmogorov–Smirnov test. Thereafter, the differences in nonparametric data between times within each group were analyzed using the Friedman test and between groups using the Kruskal–Wallis test, followed by Dunn's test when appropriate. The incidence of treatment failure was analyzed using Fisher's exact test, and differences were considered significant at  $p < 0.05$ .

## **Results**

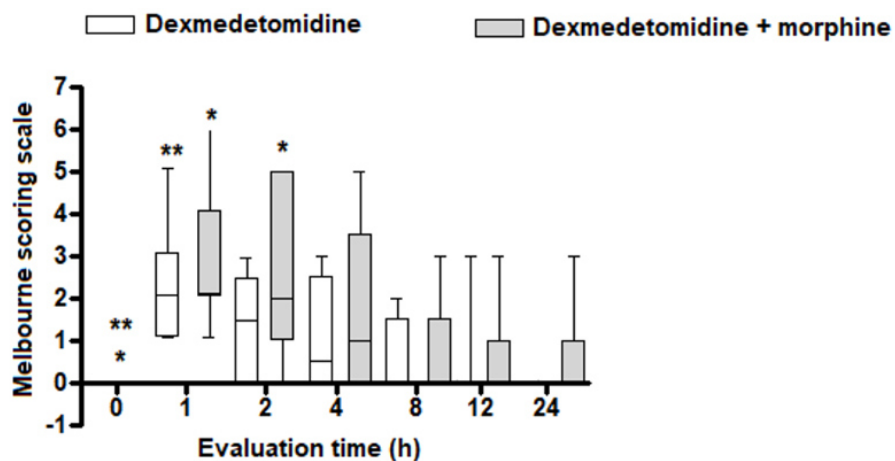
No patient required analgesic rescue during postoperative evaluation. The EGM, EM, and ED scale scores showed no statistically significant differences between the groups. For the ED, there was no statistically significant difference in terms of time (Figure 1).

There was a statistically significant difference in relation to T0 in the EM scale score in both groups (Figure 2). In T1 ( $p < 0.001$ ) and T2 ( $p < 0.01$ ), the values were statistically

different in relation to T0 ( $p < 0.05$ ). In the GD group, there was a statistically significant difference in T1 ( $p < 0.001$ ) compared with T0.

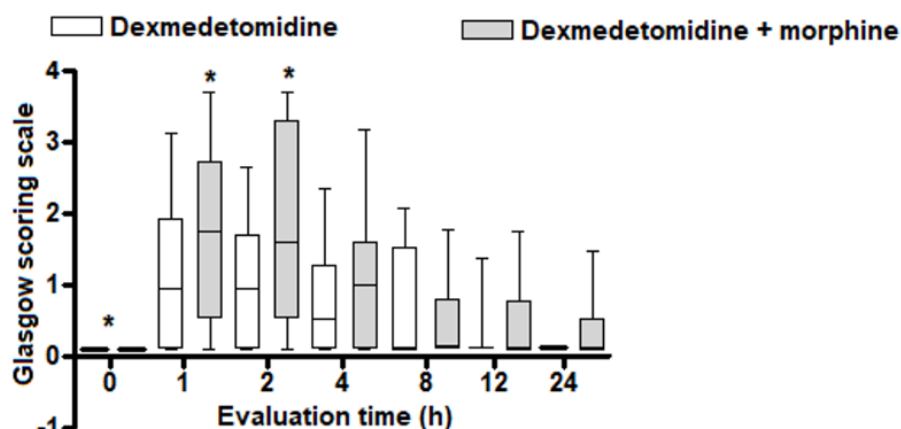


**Figure 1.** Postoperative evaluation using the Dobbins (ED) scale score of bitches undergoing ovariohysterectomy with dexmedetomidine alone (10  $\mu\text{g}/\text{kg}$ , GD) and associated with morphine (0.3 mg/kg, GDM) as a pre-anesthetic medication (MPA), at different times: before the administration of MPA (T0) and 1 (T1), 2 (T2), 4 (T3), 8 (T4), 12 (T5), and 24 (T6) h after orotracheal extubation.



**Figure 2.** Postoperative evaluation using the Melbourne (EM) scale score of bitches undergoing ovariohysterectomy with dexmedetomidine alone (10  $\mu\text{g}/\text{kg}$ , GD) and associated with morphine (0.3 mg/kg, GDM) as a pre-anesthetic medication (MPA), at different times: before the administration of MPA (T0) and 1 (T1), 2 (T2), 4 (T3), 8 (T4), 12 (T5), and 24 (T6) h after orotracheal extubation. \*Values that show statistical difference in the GDM group compared with T0. \*\*Values that show statistical difference in the GD group compared with T0 ( $p < 0.05$ ).

For the EGM scale scores, the GDM group at T1 ( $p < 0.01$ ) and T2 ( $p < 0.05$ ) had significantly different values compared with that at T0 ( $p < 0.05$ ), and there was no statistical difference in the GD group (Figure 3).



**Figure 3.** Postoperative evaluation using the modified Glasgow (EGM) scale score of bitches undergoing ovariohysterectomy with dexmedetomidine alone (10  $\mu\text{g}/\text{kg}$ , GD) and associated with morphine (0.3  $\text{mg}/\text{kg}$ , GDM) as a pre-anesthetic medication (MPA), at different times: before the administration of MPA (T0) and 1 (T1), 2 (T2), 4 (T3), 8 (T4), 12 (T5), and 24 (T6) h after orotracheal extubation. \*Values that showed statistical difference in the group GDM compared with T0 ( $p < 0.05$ ).

## Discussion

It is known that the therapeutic dose of morphine varies between 0.1 and 0.5  $\text{mg}/\text{kg}$ <sup>(18)</sup>, and considering its association with an  $\alpha$ -2 adrenergic receptor agonist drug, it was decided to use an intermediate dose of 0.3  $\text{mg}/\text{kg}$  IM to minimize possible side effects. Dexmedetomidine, when used as MPA in dogs, is administered at doses of 1–10  $\mu\text{g}/\text{kg}$  IM. Another form of use is continuous infusion, and doses of 1, 3, and 5  $\mu\text{g}/\text{kg}/\text{h}$  are known to promote adequate postoperative analgesia<sup>(19)</sup>. It is noteworthy that dexmedetomidine analgesia and duration are dose-dependent<sup>(18)</sup>, and analgesiometric studies suggest that both the intensity and duration of analgesia of  $\alpha$ -2 adrenergic receptor agonists are dose-dependent<sup>(4)</sup>.

In this study, we chose to use 10  $\mu\text{g}/\text{kg}$  of dexmedetomidine alone and associated with 0.3  $\text{mg}/\text{kg}$  of morphine for the implementation of multimodal analgesia. Dexmedetomidine dose was extracted from published studies<sup>(10,20,21)</sup>, which observed moderate sedation and analgesia, corroborating the data found in this study.

Dexmedetomidine has the ability to potentiate the effects of opioids and other sedatives in humans, and this attribute indicates that this drug can be administered at low doses, since the antinociceptive synergism with opioids has already been

recognized<sup>(8,21)</sup>. However, the results did not show synergism between the drugs used, since there was no statistical difference between the groups. On the contrary, other studies<sup>(10,21)</sup> showed that the combination of dexmedetomidine with morphine promoted the potentiation of antinociception when compared with the administration of the same alone.

In the present study, it was not necessary to perform analgesic rescue in any of the bitches. This fact may be related to the dose of dexmedetomidine and morphine used, as observed by other authors<sup>(10)</sup> who used the dose of 10 µg/kg of dexmedetomidine associated with 0.5 mg/kg of morphine, IM, observing a suitable analgesic effect in bitches. It is noteworthy that we used a similar dose of dexmedetomidine, and we chose to reduce the dose of morphine to 0.3 mg/kg, and even with a lower opioid dose, when compared with the dose used in a previous study<sup>(10)</sup>, adequate analgesia was obtained. However, studies that used low doses of isolated dexmedetomidine (5 µg/kg) and associated morphine (0.3 mg/kg) via the IM route in MPA demonstrated the need for analgesic rescue<sup>(16)</sup>, a fact also observed by other authors<sup>(19)</sup> who found the need for analgesic rescue in 22% of patients who received dexmedetomidine infusion (1 µg/kg/h) after the OH surgical procedure, concluding that dexmedetomidine did not provide satisfactory analgesia in the postoperative period, which differs from the findings of the present study, since the dose of dexmedetomidine used alone and in association was effective for pain control in the postoperative period.

The times used for the assessments through the scales are described in the literature<sup>(10,16,22)</sup> and were used to measure pain in bitches submitted for OH. Changes in animal behavior in response to pain can be difficult to interpret after surgery; for this reason, more than one evaluator and scoring system were considered for adequate pain assessment, corroborating other authors<sup>(19,23)</sup>. In this study, no statistical differences were observed between the groups based on the scales used.

The EGM scale is a useful scale for measuring perioperative pain based on the interpretation of behavioral signs for evaluation. In this scale, the subjectivity and variability on the part of the evaluator are limited, increasing the precision of the observed scores. The score ranges from 0 to 24 points, indicating that the higher the score, the greater the occurrence of postoperative pain<sup>(11)</sup>. Since it allows a detailed observation of the animals' behavior, this scale was used as a reference to verify the need for analgesic rescue in this study. Additionally, there was no statistical difference between the values at different times for the GD group, but for the GDM group at T1 and T2, the values differed statistically in relation to T0, although there was no need to perform analgesic rescue at these times, as the patients did not reach the score indicated for carrying out the same, proving the analgesic effect of drugs during the postoperative period.

Another scale used was the EM scale based on behavioral and physiological responses, considered efficient for the assessment of postoperative pain in bitches undergoing OH<sup>(24)</sup>, but this scale assesses a smaller number of variables for pain behavior when compared with the EGM scale<sup>(19)</sup>. In the present study, it was found that at T1 and T2, the values were statistically different in relation to T0 for the GDM group; in the GD group, there was a significant difference in T1 compared with T0. Despite this, no patient achieved a score indicating a painful situation and the need for analgesic

support.

The ED scale was used to verify the sedation score, and its assessment is extremely important, since the level of consciousness can inevitably affect pain assessment<sup>(19,25,26)</sup>. There was no influence of the sedation score on pain assessment between the groups at various times, which can be attributed to a significant time from application in MPA until the first postoperative evaluation.

## Conclusion

It was concluded that dexmedetomidine alone and associated with morphine, used as a MPA via the IM route produced an adequate analgesic effect in the postoperative period. However, there was no potentiation of the effects of dexmedetomidine in combination with morphine. Despite this, the use of protocols for postoperative pain control in bitches undergoing elective OH is recommended.

## Declaration of interest

The authors declare no conflicts of interest.

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