

# 45 years of the Nursing Course at the Federal University of Goiás in the face of the COVID-19 pandemic

*Os 45 anos do Curso de Enfermagem da Universidade Federal de Goiás frente à pandemia COVID-19*

Claci Fátima Weirich Rosso<sup>1</sup> , Luana Cássia Miranda Ribeiro<sup>1</sup> 

In the year 2020 we celebrate the first ever International Year of the Nurse owing to the bicentenary of Florence Nightingale from the Nursing Now Campaign<sup>(1)</sup>. At the same time, the Nursing Course at the Nursing School of the Federal University of Goiás (FEN/UFG) celebrates its historical 45 year anniversary. In this scenario the world was surprised by the COVID-19 disease, declared by the World Health Organization as a pandemic<sup>(2)</sup>.

Nursing is responsible for the majority of the health workforce and in the view of the Triple Impact of Nursing report<sup>(3)</sup>, which points out the importance of this profession at a global level, worldwide action strategies have been outlined to cope with COVID-19, such as virtual classrooms on hand hygiene<sup>(4)</sup>, reflection on the role of nursing in emerging intensive care<sup>(5)</sup>, considerations on innovations regarding personal protective equipment<sup>(6)</sup>, among others.

In the context of FEN/UFG, the entire planning of the academic programme was modified in order to meet this new circumstance. The 45 year celebration of the Nursing course includes the engagement of management, teachers, students and administrative technicians with direct and indirect involvement in activities related to the pandemic, to list:

- support to the university's senior management in actions related to the pandemic, including composition in the Crisis Committee;
- participation in the H1N1 vaccination campaign in the city of Goiânia;

- conducting in-person and online training actions in health and education units on different topics relevant to the context of the pandemic;
- production of personal protective equipment (PPE) to contribute to front line health care workers, as well as control and distribution of these throughout the University;
- release of an editorial for the *stricto sensu* postgraduation program to select candidates with projects related to COVID-19;
- conducting screening, diagnosis and monitoring of symptomatic health and public safety workers for COVID-19;
- preparation of epidemiological research on COVID-19 in symptomatic health and public safety workers in Goiânia;
- conducting telemonitoring to monitor signs and symptoms, development of the case and adherence to the social isolation of health and public safety workers;
- elaboration and execution of training courses on subjects related to COVID-19 for a wide range of professionals;
- scientific technical production: Biosafety Protocols, Guidance on the Corona virus for pregnant women, mothers and newborns for women's health, guidelines for the protection of elderly health in relation to COVID-19;
- partnership with other bodies and units of UFG and external partners such as Health Departments of the Municipalities and the State of Goiás for actions related to facing the pandemic.

<sup>1</sup>Federal University of Goiás – Goiânia (GO), Brazil. E-mails: [claci@ufg.br](mailto:claci@ufg.br), [luaufg@ufg.br](mailto:luaufg@ufg.br)

**How to cite this article:** Rosso CFW, Ribeiro LCM. 45 years of the Nursing Course at the Federal University of Goiás in the face of the COVID-19 pandemic. Rev. Eletr. Enferm. [Internet]. 2020 [cited on: \_\_\_\_\_];22:63639. Available at: <https://doi.org/10.5216/ree.v22.63639>.

When analyzing the scientific production and the practice itself in the context of FEN/UFG, it appears that Nursing is carrying out actions with national and international impact at this time of the pandemic and that this institution has fulfilled its relevant social role of training and contribution in Goiás, Brazil and the world health through its technical-scientific, ethical and political production throughout its 45 years of existence.

It should also be noted that Nursing is an indispensable profession in the context of health and for it to play its role, dignified working conditions, appreciation and recognition are necessary, in addition to communication between institutions aiming at advancing the profession.

For us to value the teachings of Florence Nightingale in the context of the COVID-19 pandemic, we must reflect on spaces, distance, cleanliness, use of personal protective equipment, in addition to disease monitoring statistics<sup>(7)</sup>. So, we need more than “applause”, we need respect and recognition to show why 2020 is the International Year of Nursing!

The focus of our actions is Caring and it will be no different when facing COVID-19. We will do our best as a profession and as an Academy we will be together with health services, in the fight and control of Pandemic.

Perhaps it is the best event to celebrate the 45 years of creation of the Nursing Course at UFG and the Bicentenary of Florence Nightingale.

It's time for the collective to show their strength!

Congratulations Nursing! Congratulations FEN/UFG!

## REFERENCES

1. Nursing Now. Country page. Brazil [Internet]. Nov. 29, 2018 [access at: May 31, 2020]. Available at: [https://www.nursingnow.org/brazil/?doing\\_wp\\_cron=1589200022.6546559333801269531250](https://www.nursingnow.org/brazil/?doing_wp_cron=1589200022.6546559333801269531250).
2. World Health Organization. Coronavirus disease (COVID-19) Pandemic [Internet]. [access at: May 31, 2020]. Available at: [https://www.who.int/emergencies/diseases/novel-coronavirus-2019?gclid=EAIaIQobChMI9tyom-ir6QIVDoCRCh1AywDgEAAAYASAAEgK3APD\\_BwE](https://www.who.int/emergencies/diseases/novel-coronavirus-2019?gclid=EAIaIQobChMI9tyom-ir6QIVDoCRCh1AywDgEAAAYASAAEgK3APD_BwE).
3. All-Party Parliamentary Group on Global Health. Triple impact: how developing nursing will improve health, promote gender equality and support economic growth. Geneva: All-Party Parliamentary Group on Global Health; 2016 [Internet]. [access at: July 07, 2018]. Available at: [http://www.who.int/hrh/com-heeg/digital-APPG\\_triple-impact.pdf?ua=1](http://www.who.int/hrh/com-heeg/digital-APPG_triple-impact.pdf?ua=1).
4. Ng YM, Or PLP. Coronavirus disease (COVID-19) prevention: virtual classroom education for hand hygiene. *Nurse Educ Pract*. 2020 Apr. 8;45:102782. <https://doi.org/10.1016/j.nepr.2020.102782>.
5. Hetland B, Lindroth H, Guttormson J, Chlan LL. 2020 – The Year that needed the nurse: considerations for critical care nursing research and practice emerging in the midst of COVID-19. *Heart Lung*. 2020 May 3;S0147-9563(20):30161-8. <https://doi.org/10.1016/j.hrtlng.2020.04.021>.
6. Newby JC, Mabry MC, Carlisle BA, Olson DM, Lane BE. Reflections on Nursing Ingenuity During the COVID-19 Pandemic. *J Neurosci Nurs* [Internet]. 2020 Mar. 27. <https://doi.org/10.1097/JNN.0000000000000525>.
7. McEnroe, N. Celebrantig Florence Nightingale's bicentenary. *The Lancet* [Internet]. 2020. [access at: May 9, 2020];395(10245):1475-78. Available at: [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(20\)30992-2/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)30992-2/fulltext). [https://doi.org/10.1016/S0140-6736\(20\)30992-2](https://doi.org/10.1016/S0140-6736(20)30992-2).

